



Llywodraeth Cymru
Welsh Government

Directors of Education in Wales (ADEW)

22 June 2026

Dear Colleague

As you will be aware, we are receiving warnings of extremely hot weather for the rest of this week.

We know that children can be especially vulnerable to extreme heat. We would therefore be grateful for your assistance in highlighting this to education and childcare providers to ensure they take the necessary steps to keep children and young people safe, indoors and outdoors. Our advice to schools and childcare settings to deal with extreme heat is to avoid vigorous physical activity and to maximise shade, ventilation and hydration. Children should wear loose, light coloured clothing if possible and wear hats and suncream outdoors.

You may find it helpful to refer to the [Welsh Government's guidance on opening schools and childcare settings in extreme hot weather](#). Further downloadable advice is also available from [Public Health Wales](#) for the general public and those looking after children.

Education settings should ensure they are familiar with the signs of heat exhaustion and heat stroke, as well as the steps to take should anyone in their learning community, including those working remotely, show signs of heat stroke or heat exhaustion. Guidance on this can be found in [NHS advice](#). Heat stroke should always be treated as an emergency.

Please also be alert to the [Met Office weather warnings](#) and [Air Quality in Wales air pollution forecast](#).

Yours sincerely

A handwritten signature in black ink, appearing to read 'Georgina Haarhoff'.

Georgina Haarhoff,
Director of Education